

## Fees

Training Program:

5-24 Participants: \$600  
25 or more Participants: \$1,200

One Class or Overview:

\$200.00 per Topic



## Certification

A certificate will be issued at the completion of the course. Participants may submit their certificate to their appropriate regulatory board for approval of continuing education credits.

For more information or to schedule a training, please contact Elizabeth Murphy at 708-444-1012, ext. 8453 or via email at [lmurphy@gpsbh.org](mailto:lmurphy@gpsbh.org).



## The Centre For New Beginnings Mission, Vision and Credo

The Mission of the Centre for New Beginnings is to offer skilled emotional support and community resources to individuals and families experiencing loss due to major life transitions.

The Centre's vision is that every person using the Centre's services will discover:

- ◇ A caring environment in which thoughts and feelings can be freely expressed.
- ◇ A greater awareness and understanding of the grief process.
- ◇ The strength to live with loss and yet move on to a new beginning.

The Centre's credo is:

Every ending brings a new beginning.

## Centre For New Beginnings



## Pastoral Counseling Training

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Tinley Park, IL 60477

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## Pastoral Counseling

GPS recognizes that spirituality is an important part of recovery for many people. While some individuals turn to a psychologist, social worker or psychiatrist alone, others want support and the opportunity to discuss their problems or illness in a spiritual context. Therefore, GPS partners with the Centre for New Beginnings to provide training for clinicians and support for individuals and families who requests spirituality be addressed in treatment.

Pastoral Counseling involves a helping relationship. It is a unique form of psychotherapy which uses spiritual resources as well as psychological understanding for healing and growth.

The word “pastoral” indicates that services are provided which are sensitive to the spiritual viewpoints and values of counselees regardless of their faith affiliation. A respect for the faith dimension of human experience is an important contribution of the pastoral counseling movement to the mental health field. Pastoral Counselors assume that a counselee’s spiritual life has value in helping to heal emotional wounds, resolve conflicts, facilitate life transitions, clarify values and purpose, or simply “companioning” a person searching for intimacy with God.

Pastoral counselors provide a variety of services including treatment for persons with mental disorders; counseling for adults, adolescents, children, families and couples; substance abuse treatment; wellness programs; spiritual direction; clinical training; consultation to corporations; outreach preventive services and community education.



## Pastoral Counseling Training

The Pastoral Counseling Training is a twelve-hour course which includes the following:

- ◇ Pastoral Counseling History and Foundations of Pastoral Care
- ◇ Pastoral Counseling: Foundation of Counseling Models
- ◇ Spirituality and the Grieving Process
- ◇ Good Grief: Children and the Grieving Process
- ◇ Integrating Psychology and Spirituality
- ◇ Pre-Marital and Marital Counseling

A two-hour training is also available for those who require just an overview of Pastoral Counseling:

- ◇ Effective Pastoral Counseling: An Overview

### Competency

A comprehensive examination is administered at the conclusion of each training to ensure competency. CEUs are provided to those who successfully complete the course and competency examination.

### Our Staff

Pastoral Counseling is provided by professional counselors with specialized training, who are not only mental health professionals but who also have in-depth religious and/or theological training. Our Pastoral Counselors have academic training in addition to religious credentials. These may include the Master of Divinity or Doctor of Ministry degrees, with a specialty in Pastoral Counseling.